

# Patient Preparation Sheet/Full Body

Full Body or Region of Interest Health Screening with Digital Infrared Thermal Imaging (Thermography)

## Purpose of test

- Determine the cause of pain.
- Evaluate sensory-nerve irritation or significant soft-tissue injury.
- Define a previously diagnosed injury or condition.
- Identify an abnormal area for further diagnostic testing.
- Early detection of lesions.
- Monitor progress of healing and rehabilitation.
- Provide objective evidence.

## Patient Preparation

Prior to your appointment do not (on the day of):

- have physical therapy or electromyography
- use a tanning booth and avoid overexposure to the sun
- smoke (for 2 hours before the test)
- Use lotions, powders, anti-perspirants, or makeup
- have strenuous exercise
- shave any part of your body

Do not have acupuncture treatment 3 days prior to appointment. Wait 3 months post surgery, and 6 months post radiation therapy before scheduling an appointment.

If your hair falls below your neck, you should wear it clipped or pinned up.

Wear loose fitting clothes and no jewelry around the neck.

No changes necessary for diet or medication.

## General Information:

**Procedure** is non-invasive, no-contact, no radiation and FDA Approved.

**Disrobing** – Remove all clothing and jewelry. Put on a gown or sarong supplied. Inform your thermographer if you had any recent skin lesions on your body; the inflammation can cause a false positive result.

**Thermography** is performed by a certified clinical thermographer and is completely private.

There are no risks or side effects.

Average time for the appointment is 30 min. for one or two body regions, 1 hour for half or full body.

Please bring your healthcare provider's complete name and address if you want a copy of report mailed to him/her.

We gladly accept personal check, cash, VISA/ MC for payment.

**You are welcome to bring a companion or partner to be present during the scan.**